

**Physical Education 2022 - 2023**  
**EYFS/ KS1 LTP**

	Autumn Term		Spring Term		Summer Term	
	1	2	1	2	1	2
<b>Year R</b>	Future Steps movement  Introduction to PE - Unit 1	Future Steps movement  Introduction to PE - Unit 2	Dance - Unit 1	Gymnastics - Unit 1	Ball Skills - Unit 1	Games - Unit 1
<b>Year 1</b>	Fundamentals  <u>Dance - P1/L1</u> Moving Along	Fitness  <u>Athletics - P1/L1</u> Honey Pot (running)	Yoga  <u>Gymnastics - P1/L1</u> Making Shapes	Team building  <u>Athletics - P1/L1</u> Colour Match (throwing)	Sending and receiving  <u>Games - P1/L1</u> Ten Point Hoops (target)	Striking and fielding  <u>Athletics - L1/2</u> Furthest Five (jumping)
<b>Year 2</b>	Fundamentals  <u>Dance - L1/2</u> Cat Dance	Fitness  <u>Games -L1/2</u> Piggy in the Middle	Yoga  <u>Gymnastics - L1/2</u> Families of Actions	Net and Wall  <u>Athletics - L1/2</u> Take Aim	Invasion  <u>Athletics - L1/2</u> Pass the Baton	Striking and fielding  <u>OAA - L1/2</u> Shipwrecked

**Core Tasks**    **Get Set 4 PE**    **FMS**