

Physical Education 2022 - 2023 KS2 Long Term Plan

	Autumn Term		Spring Term		Summer Term	
	1	2	1	2	1	2
Year 3	Fundamentals <u>Dance - L2</u> Round the Clock	Fitness <u>Invasion Games - L2/3</u> Three touch ball	Football <u>Gymnastics - L2</u> Balancing Act	Handball <u>Striking & Fielding Games - L2/3</u> Run the Loop	Golf Cricket	OAA Swimming
Year 4	Fitness <u>Dance - L3/4</u> Indian Delight	Tag Rugby <u>Invasion Games - L3</u> On the Attack	Dodgeball <u>Gymnastics- L3</u> Partner Work	Tennis Basketball	Rounders Swimming	Athletics <u>OAA - L2/3</u> Search and rescue
Year 5	Tag Rugby <u>Dance - L4</u> Making the Grade	Fitness Football	<u>Gymnastics - L3/4</u> Acrobatic Gymnastics Swimming	Cricket Swimming	<u>Invasion Games - L4</u> Calling the Shots (hockey) <u>Net/Wall Games - L3/4</u> Long and Thin or Short and Fat (tennis)	Netball <u>OAA - L3/4</u> Crystal Star Challenge
Year 6	<u>Dance - L5</u> Invasion Swimming	Fitness Swimming	Dodgeball <u>Gymnastics - L4</u> Group Dynamics	Athletics <u>Invasion Games - L4/5</u> Wide Attack (netball)	Rounders <u>Net/Wall Games - L4/5</u> On Target (tennis)	Basketball <u>OAA - L4/5</u> Orienteering against the clock

Get Set 4 PE

Swimming

Core Tasks