

PSHE policy

Copeland Road Primary School



Last reviewed on: January 2023

Next review due by: January 2025

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1. Aims

The aims of personal, social, health and economic (PSHE) education in our school are to:

- Be healthy, independent and responsible members of society. They will know how to keep themselves safe online as well as in the world around them.
- Form healthy relationships with others including family and friends. They need to be able to recognise what constitutes a good relationship and how to maintain this.
- Have good self-esteem and confidence about their own ability. They will be able to recognise their strengths and be able to show respect to others. They can manage their own feelings and recognise how these can change as they grow older.

2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

- We must teach relationships education under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- We must teach health education under the same statutory guidance

3. Content and delivery

3.1 What we teach

As stated above, we're required to cover the content for relationships education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships education policy for details about what we teach, and how we decide on what to teach, in this subject. This can be found on our school website.

For other aspects of PSHE, including health education, see the curriculum map below for more details about what we teach in each year.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How can we help in an accident or emergency?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity? (Inc. Nurturing Our Wellbeing)	What decisions can people make with money?	What jobs would we like?	How can friends communicate safely?	How can drugs common to everyday life affect health?	How will we grow and change?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

3.2 How we teach it

PSHE takes part across the whole curriculum as well as stand alone lessons. We may have visitors into school to assist with this. School assemblies will have a PSHE focus on a regular basis.

All pupils will be involved regardless of ability, SEND, religion or beliefs.

We are currently using teaching materials and resources from PSHE Association but we also use NSPCC website, Go Givers website, etc.

Any concerns are reported to Safeguarding Leads following the Safeguarding Policy.

4. Roles and responsibilities

4.1 The governing board

The governing board will hold the headteacher to account for the implementation of this policy.

The governing board has delegated the approval of this policy to the headteacher, Mrs Kidd.

4.2 The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

The PSHE co-ordinator is Victoria Summerfield.

4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE is monitored by Victoria Summerfield through:

Monitoring of planning and discussions with pupils.

This policy will be reviewed by Victoria Summerfield on an annual basis. At every review, the policy will be approved by the headteacher.

6. Links with other policies

This policy links to the following policies and procedures:

Anti-bullying Policy

RSE Policy