



Ruby power!!



A day can become beautiful when kindness touches it...

Ruby power is having the ability to make yourself and others happy. This could be by supporting others, being complimentary, understanding how others might feel in different situations, smiling and most importantly **being kind to other humans**.

This time of year is a great time to practice Ruby Power! So, we are asking for EVERYONE to do a **random act of kindness** over the holidays. A random act of kindness is doing or saying something kind to someone just to make them feel good.

Good luck in spreading the kindness in our community this holiday!

